

# Outdoor adventure and learning in the woods

Flexible programmes for schools

*“Could you thank all your staff for the wonderful day and the experiences that you gave our children. They went home exhausted but buzzing from all the fun that they had. Many parents came in the next day to say that their children couldn’t stop talking about it!”*

Whether you are considering a one-off day for a class reward/class bonding/teamworking session, or interested in an ongoing programme of days linked to specific learning objectives and curriculum areas\*, Wild Learning will inspire, challenge and support children to develop practical learning and problem solving in a completely different context to the classroom.

Some of the things we might get up to...

- Den building • Story telling • Tool making • Orienteering • Role playing • Measuring boundaries
- 3-D mapping • Water filtration • Estimating leaves on tree • Calculating tree height • Fire lighting<sup>†</sup>
- Animal tracking • Leaf and plant identification • Minibeast hunting • Rope swings • Whittling sticks
- Forest Art • Mud faces • First aid • Crossing streams • Foraging • Cooking • Tracking and stealth
- Camouflage • Tree climbing • Forest Parkour • Pewter casting • Iron-age technologies • Rope making

\* For specific examples of activities linked to national curriculum objectives, phone or email us and we'll be happy to give you more information

<sup>†</sup> Fire is only permitted at certain sites

To book call **01483 424 400**  
or mail **[schools@wild-learning.net](mailto:schools@wild-learning.net)**



*“Once again thank you for a fantastic day. Lower school is ringing with approval of the day and our Senior Leadership Team and Board of Directors have heard of your wonderful work.”*

## Why should schools be interested?

Children love to spend time outside – even the ones who don't think they do. Engaging children with the natural environment stimulates the senses, emotions and imagination. It develops confidence, resilience and independence.

But today only 21% of children regularly play outside – compared to 71% of their parents when they were children.

Research studies from around the world show that regular time spent outdoors has significant positive benefits to mental health (reducing stress and anxiety, enhancing self-esteem); physical health (bone and muscle strength, flexibility, less prone to obesity); and to personal behaviour (concentration, creativity, learning ability).

Even Ofsted recognise the benefits: “First-hand experiences of learning outside the classroom can help to make subjects more vivid and interesting for pupils and enhance their understanding. It can also contribute significantly to pupils’ personal, social and emotional development”. (‘Ofsted 070219 Learning outside the classroom’)



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## Why use Wild Learning?

For the last five years Wild Learning has been running adventure days for children in the school holidays and half-terms, welcoming over 8,000 children a year.

In addition we run tailored programmes for schools during term time, as well as pre-school sessions, birthday parties and bespoke days.

We are licensed to operate in 12 sites across London and the South East (we can site-check school grounds if you would like us to visit you instead). We have comprehensive policies and procedures in place that include Risk Assessment, Health and Safety, Confidentiality, Child Protection and Safeguarding.

### Qualified Professionals:

Wild Learning only use qualified professionals (Forest School Level 3 or equivalent) to lead our activity days. Our leaders also have Enhanced DBS certification and REC2 Specialist Outdoor First Aid qualification. They are all experienced in leading groups of children in the outdoor environment and make sure all children participate, are engaged and having fun.



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*“My staff came back buzzing about the whole experience.”*